

# Bemidji State University

## PHED 4217: D/APE Sport and Recreation for Individuals with Disabilities

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Through observation, laboratory experience, and discussion, students learn of community opportunities, resources, and advocacy groups as well as environmental adaptations and modifications related to sports and recreational activities for individuals with disabilities. Prerequisites: BIOL 2110, PHED 2100, PHED 3100, PHED 4211, or consent of instructor.

**B. COURSE EFFECTIVE DATES:** 05/18/2001 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

### D. LEARNING OUTCOMES (General)

1. access information relevant to the field of developmental adapted physical education through consumer and professional organizations, publications, and journals.
2. apply strategies for teaching self-advocacy and functional life skills relevant to independence, social skills, community and personal living, and employment.
3. assist families to identify their resources, priorities and concerns in relation to the children's physical development.
4. design individual sport or recreation plans that integrate assessment results and family priorities, resources, and concerns that incorporate, when appropriate, academic and nonacademic goals and the appropriate use of augmentative, adaptive, and assistive technologies in the physical education setting.
5. explain how the mechanics and application of assistive devices help DAPE students acquire physical fitness and motor skills.
6. identify and utilize sources of unique services, networks, agencies, and organizations for students with identified disabilities who have special education needs in physical fitness and gross motor skills.
7. incorporate health-related aspects of physical fitness and their implications for students with disabilities.
8. provide DAPE students with learning experiences that will enable them to be life-long participants in sport, recreation, and leisure activities.
9. provide consultation and training in content areas specific to services for students and families and program organization and development.
10. select and adapt equipment essential to instruction in physical fitness and gross motor skills.

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

**F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted