

# Bemidji State University

## PHED 4218: Adapted Aquatics

### A. COURSE DESCRIPTION

Credits: 2

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

A practical, hands-on course that applies information learned in prerequisite classes to the teaching of swimming skills to students with physical and/or mental disabilities. BSU students assess swimming skills, develop IEPs, review student progress, and teach swimming skills, using a variety of equipment, to students with a wide range of abilities. Prerequisites: PHED 2640 or consent of instructor.

**B. COURSE EFFECTIVE DATES:** 01/13/2004 - 08/21/2016

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Teaching swimming skills for K-5th grade students with disabilities
2. Assessing swimming skills
3. Developing IEP's
4. Reviewing student progress

### D. LEARNING OUTCOMES (General)

1. Understand mechanics and application of assistive devices toward the acquisition of swimming skills for recreation, fitness, and survival.
2. Understand how to develop, select, adapt, and use a variety of instructional resources, strategies, and techniques to implement a developmental adapted physical education swimming program as part of your student's individual educational plan.
3. Understand how to select and adapt equipment essential to instruction in swimming skills for recreation, fitness, and survival.
4. Understand how to establish a learning environment in the pool and locker room that enable students with disabilities to safely and actively participate in swimming classes.
5. Understand how to identify and apply techniques for communicating with students who are nonverbal or have limited verbal expression.
6. Understand how to provide students with learning experiences that will enable them to be life-long participants in physical recreation and leisure activities.
7. Identify and apply the standards of effective practice in teaching students who have special education needs in the development of the students' swimming skills through a variety of early and ongoing clinical experiences across a range of service deliver models.

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted