

# Bemidji State University

## HLTH 2200: First Aid and CPR/AED Instructor

### A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Designed to prepare First Aid and CPR/AED students to become instructors for Lay Responder First Aid and CPR/AED. American Red Cross Instructors Certificate may be earned. Recommended as an advanced course for professional educators. Law enforcement personnel are also encouraged to consider the course. Prerequisite: HLTH 2100 or equivalent.

### B. COURSE EFFECTIVE DATES: 11/30/2007 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. First aid, CPR, and AED skills
2. Fundamentals of instructor training
3. Instructor training information
4. Teaching lectures and skills
5. Teaching observation
6. Responding to emergencies

### D. LEARNING OUTCOMES (General)

1. teach courses in a manner that keeps participants engaged in the learning process.
2. demonstrate the characteristics required of an American Red Cross representative and role model.
3. expand on information from the American Red Cross Fundamentals of Instructor Training (FIT) course to teach the First Aid: Responding to Emergencies courses and First Aid/CPR/AED Program courses and modules.
4. monitor participants; practice and provide corrective feedback and encouragement.
5. learn how to Plan, organize, and conduct the First Aid: Responding to Emergencies courses.
6. be able to ensure the safety of participants and to customize courses to meet facility and participant needs
7. be able to monitor participants; practice and provide corrective feedback and encouragement consistent with the critical skill performance steps.
8. be able to plan and conduct the First Aid: Responding to Emergencies and the First Aid/CPR/AED Program courses and evaluate participants
9. demonstrate applicable first aid, CPR, and AED skills at an appropriate level of performance.
10. ensure participants; health and safety during training.
11. maintain complete and accurate records and reports.

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

**F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted