

# Bemidji State University

## HLTH 2100: First Aid and CPR/AED

### A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

An introduction to emergency action principles, first aid, and CPR/AED (automated external defibrillation) for lay responders. American Red Cross Adult, Child and Infant CPR (1-year), Adult and Child AED (1-year), and First Aid (3-year) certificates may be earned. Recommended as a basic course for professional educators.

**B. COURSE EFFECTIVE DATES:** 08/15/2008 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. AED: adult and child
2. Bleeding, shock, soft tissues injuries
3. Breathing emergencies
4. CPR: adult, child, infant
5. Cardiac emergencies and unconscious choking
6. Heat and cold exposure
7. Injuries to extremities, head, neck, back, chest, abdomen, and pelvis
8. People with special needs
9. Reaching and moving victims
10. Responding to an emergency
11. Sudden illness, poisoning, bites and stings

### D. LEARNING OUTCOMES (General)

1. learn how to conduct AED to adults and children.
2. gain knowledge above and beyond the general public to be useful in their professional settings.
3. learn how to conduct CPR to adults, children, and infants.
4. gain the knowledge to pass the Red Cross written test for certification.
5. be able to perform specific skills from skill sheets competently and demonstrate the ability to make appropriate decisions for emergency care.

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted