Bemidji State University

HLTH 2100: First Aid and CPR/AED

A. COURSE DESCRIPTION

   Credits: 1
   Lecture Hours/Week: *.*
   Lab Hours/Week: *.*
   OJT Hours/Week: *.*
   Prerequisites: None
   Corequisites: None
   MnTC Goals: None

   An introduction to emergency action principles, first aid, and CPR/AED (automated external
defibrillation) for lay responders. American Red Cross Adult, Child and Infant CPR (1-year), Adult and
Child AED (1-year), and First Aid (3-year) certificates may be earned. Recommended as a basic course for
professional educators.

B. COURSE EFFECTIVE DATES:  08/15/2008 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

   1. AED: adult and child
   2. Bleeding, shock, soft tissues injuries
   3. Breathing emergencies
   4. CPR: adult, child, infant
   5. Cardiac emergencies and unconscious choking
   6. Heat and cold exposure
   7. Injuries to extremities, head, neck, back, chest, abdomen, and pelvis
   8. People with special needs
   9. Reaching and moving victims
   10. Responding to an emergency
   11. Sudden illness, poisoning, bites and stings

D. LEARNING OUTCOMES (General)

   1. learn how to conduct AED to adults and children.
   2. gain knowledge above and beyond the general public to be useful in their professional settings.
   3. learn how to conduct CPR to adults, children, and infants.
   4. gain the knowledge to pass the Red Cross written test for certification.
   5. be able to perform specific skills from skill sheets competently and demonstrate the ability to make
      appropriate decisions for emergency care.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

   None

F. LEARNER OUTCOMES ASSESSMENT

   As noted on course syllabus
G. SPECIAL INFORMATION

None noted