

# Bemidji State University

## HLTH 4100: Teaching Elementary School Health

### A. COURSE DESCRIPTION

Credits: 2

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

An integrated approach to the organization, content, goals, objectives, curriculum, methods and techniques of teaching health at the elementary level. Coordinating services and establishing collaboration will be incorporated. Elementary school state and national guidelines and mandates will be discussed. Teaching opportunities will be provided. Prerequisite: entrance into the teacher education program.

**B. COURSE EFFECTIVE DATES:** 08/02/2010 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Define Health, Wellness, & Travis Arrow
2. Define Learning & Special Activity
3. Discuss Quality Composition
4. Health: An Educational Concern
5. Healthy Community-Healthy Kids
6. MN Grad Standards
7. National Health Standards
8. Seven Laws of Teaching
9. United States Department of Education Statement on Religious Expression in Public Schools

### D. LEARNING OUTCOMES (General)

1. understand the knowledge needed for providing learning experiences that encourage personal and community health promotion, disease prevention and safety, and proper nutritional choices.
2. understand strategies for reducing and preventing accidents; drug, alcohol, and tobacco use; and high-risk situations and relationships.

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

### G. SPECIAL INFORMATION

None noted