

# Bemidji State University

## PHED 4500: Inclusive Physical Education

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

An introduction to the study and practice of teaching physical education to children with disabilities in the public schools. Prerequisites: PHED 3100, PHED 3110, PHED 3200, PHED 3504, PHED 3505, PHED 3604, PHED 3605, PHED 3607, or consent of instructor.

**B. COURSE EFFECTIVE DATES:** 08/02/2010 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Assess Student Performance
2. Components of IEP
3. Design Regular Physical Education Units & Lesson Plans
4. Inclusive Strategies
5. K-12 Lesson Plans in Physical Education the Includes Students with Specific Disabilities
6. K-12 Physical Education Program
7. MN DAPE Mandated License
8. Strategies Based on the Needs of Individuals Learners

### D. LEARNING OUTCOMES (General)

1. demonstrate the knowledge regarding a specific disability and the verbal ability to share that information with classmates.
2. demonstrate an understanding of how physical activity, skill, fitness, and health are essential to adapted physical education programs.
3. demonstrate the ability to observe adapted students in a practical setting and reflect in written form about that experience as it relates to components of inclusive physical education learned in class.
4. gain the ability to select and use effective teaching methods and management procedures for teaching a K-12 lesson plan in physical education that includes students with disabilities.
5. demonstrate the ability to adapt instructional strategies to meet the needs of individual learners in the physical education environment.
6. gain the ability to assess student performance and use this information to determine physical education goals and objectives.
7. demonstrate the ability to plan inclusion strategies for developmentally appropriate movement experiences for students disabilities who participate in a K-12 physical education program.
8. demonstrate knowledge of the Minnesota DAPE mandated license.

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

**F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted