

# Minnesota State University Moorhead

## PE 350: Mechanical Principles of Sport

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 2

Lab Hours/Week: 0

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

The purpose of this course is to study the anatomy of the human musculoskeletal system and the basic mechanical principles that are associated with human motion as they relate to sport skills. Credit is not applicable to a Physical Education major or minor.

**B. COURSE EFFECTIVE DATES:** 05/07/1997 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

None

### D. LEARNING OUTCOMES (General)

None

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

### G. SPECIAL INFORMATION

None noted