

# Minnesota State University Moorhead

## PE 420: Biomechanics

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: 0

OJT Hours/Week: \*.\*

Prerequisites:

- PE 320 - Anatomical Kinesiology

Corequisites: None

MnTC Goals: None

This course is designed to develop an understanding of the mechanical principles that govern the effectiveness with which physical education and sport skills are performed. The prerequisite can be waived with the consent of the instructor.

**B. COURSE EFFECTIVE DATES:** 05/04/1999 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

None

### D. LEARNING OUTCOMES (General)

None

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

### G. SPECIAL INFORMATION

None noted