

# Minnesota State University Moorhead

## AT 120: Introduction to Athletic Training

### A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 1

Lab Hours/Week: 0

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course is designed to introduce the student to the profession of athletic training and the certified athletic trainer as a health care provider. Various aspects of MSU Moorhead's athletic training education program are discussed.

**B. COURSE EFFECTIVE DATES:** 02/20/2002 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Identify the signs and symptoms of serious communicable diseases and describe the appropriate steps to prevent disease transmission.
2. Summarize the history and development of the athletic training profession.
3. Tour of MSUM Athletic Training Facility.
4. Athletic Training: An Allied Health Profession.
5. Bloodborne Pathogen Training.
6. Athletic Training: An Allied Health Profession/Writing Discussion.
7. Getting Started: Educational Requirements for Athletic Training.
8. Educational Resources for Athletic Training Students/Learning Style Inventory.
9. Health & Medical Profession Discussion.
10. Understanding Athletic Injury Terminology and Classification.

#### **D. LEARNING OUTCOMES (General)**

1. Discuss the profession of athletic training and how it relates to sports medicine.
2. Describe the role of the athletic trainer in today's healthcare.
3. Identify other specialty areas within the sports medicine field.
4. Describe the routes to athletic trainer certification.
5. Identify the functions of the athletic training room.
6. Describe the roles of the athletic trainer in professional, collegiate, high school, clinic, and corporate settings.
7. Differentiates injury recognition, assessment, and diagnosis.
8. Describes the necessary communication skills for interaction with physicians, allied health care providers, caretakers, and others who work closely with the certified athletic trainer.
9. Identifies the current developments, missions, objectives, and professional activities of other allied health and medical organizations and professions.
10. Understands the NATA Code of Professional Practice and the BOC Standards of Professional Practice.
11. Understands and recognizes CAATE standards and their impact on athletic training education.

#### **E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

None

#### **F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

#### **G. SPECIAL INFORMATION**

None noted