

# Minnesota State University Moorhead

## HLTH 465: Coordinated School Health Programs

### A. COURSE DESCRIPTION

Credits: 2

Lecture Hours/Week: 2

Lab Hours/Week: 0

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

A step-by-step approach to developing, implementing, and evaluating coordinated school health programs that include school health instruction, school environment, guidance and counseling, health services, food and nutrition programs, physical education, school site health promotion and the development of school and community partnerships.

**B. COURSE EFFECTIVE DATES:** 01/11/2010 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

### D. LEARNING OUTCOMES (General)

1. Analyze a health behavior for contributing predisposing, reinforcing, and enabling factors.
2. Compare and contrast health education and health promotion.
3. Compare and contrast nominal group and Delphi technique.
4. Distinguish between primary, secondary and tertiary prevention.
5. Conduct a needs assessment relevant to adolescent health needs.
6. Describe the relationship between the National Health Education Standards, the Graduation Standards, and the CDC 6 priority areas.
7. Identify the 8 components of school health programs, evaluate each component and discuss rationale for health advisory committees.
8. Use technology in support of classroom instruction.

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

### G. SPECIAL INFORMATION

None noted