

# Minnesota State University Moorhead

## COMH 301: Women's and Children's Health

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

The course will address the dynamic health status of women and children within the family, community and health care system. Emphasis will be placed on theories and principles which result in a foundation for critical thinking, application of research, and use of knowledge as it relates to caring for children and families from diverse cultures and environments. Students will develop an understanding of the status of women's and children's health with emphasis on nutrition, common diseases, and health indicators. The laboratory portion of the course will reinforce the lecture content and address women's and children's health in practice, gender-specific nutrition, gender differences in anatomy and physiology and epidemiology of diseases important to women and children.

**B. COURSE EFFECTIVE DATES:** 09/23/2011 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Historical Foundations of Maternal and Child Health
2. Families and Health
3. Pregnancy: Mothers Health and Fetal Development
4. Mothers and Infant Health
5. Child Health from 1 to 4 years
6. Child Health from 5 to 9 years
7. Child Health from 10 to Adolescents
8. Women;s health: A Life Cycle
9. Nutrition and Health
10. Research and Policy Issues of Women and Child Health
11. Practice and Evaluation of Women and Child Health
12. Health Disparities in the US and Globally.

### D. LEARNING OUTCOMES (General)

1. Describe the historical background and contemporary trends of maternal and child health.
2. Know about child development stages and theories.
3. Know the pertinent issues related to women's health in the U.S. and in other areas of the world.
4. Identify the most common complications of pregnancy for the mother and fetal development and through baby's first year.
5. Identify the common causes of morbidity and mortality among children, adolescents and women.

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

**F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted