Minnesota State University Moorhead

HLTH 305: Introduction to Nutrition

A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: 0

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

An introductory course in nutrition focusing on improving personal food choices, discriminating between sources of nutritional information, proper diet planning and maintaining healthy weight.

B. COURSE EFFECTIVE DATES: 05/04/1999 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

None

D. LEARNING OUTCOMES (General)

None

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted

Version 3.1.4 Page 1 of 1 04/23/2014 03:44 AM