

# Minnesota State University Moorhead

## THTR 333: Movement for the Actor

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: 0

OJT Hours/Week: \*.\*

Prerequisites:

This course requires the following prerequisite  
THTR 230 - Acting I: Principles

Corequisites: None

MnTC Goals: None

A physical approach to acting will be explored through Alexander, Laban, stage combat, and other movement methodologies.

**B. COURSE EFFECTIVE DATES:** 01/09/2007 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Physical and psychological assimilation techniques leading to conceptualizing and realizing viable theatrical characters.
2. Journaling .
3. Developing a personal sense of craft and art.
4. Utilizing physical ¿play.¿

### D. LEARNING OUTCOMES (General)

1. Become more aware of the world, of self, and of the physical instrument.
2. Become more fully present and in-the-moment in one¿s physical self.
3. Be able to relax, care for and maintain the physical instrument.
4. Be able to make personal connections to acting/physical/textual work
5. Free the body from tension and habit.
6. Be able to identify and develop the physical life of a character.

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

### G. SPECIAL INFORMATION

None noted