

# North Hennepin Community College

## NURS 2700: Foundations of Nursing - Health Promotion

### A. COURSE DESCRIPTION

Credits: 9

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites:

This course requires all four of these prerequisite categories

1. Any one of these three

    SPCH 1110 - Principles of Interpersonal Communication

    SPCH 1110 - Principles of Interpersonal Communication

    COMM 1110 - Principles of Interpersonal Communication

And

2. PSYC 1250 - Life Span Developmental Psychology

And

3. BIOL 2111 - Human Anatomy and Physiology I (Minimum grade: 1.67 GPA Equivalent)

And

4. BIOL 2100 - Microbiology

Corequisites: BIOL 2112 and NURS 2750

MnTC Goals: None

This course introduces the student to the role of the professional nurse. The emphasis on health promotion across the lifespan includes learning about self-health, as well as holistic client health practices. Students learn to access and apply research evidence to guide safe preventative care. The student will incorporate communication and growth and development theory in a caring and culturally sensitive manner. The student will work as an ethical member of multi-disciplinary teams giving and receiving feedback about performance and use reflective thinking about their practice. Within the context of the nursing process, populations studied will include children, adults, older adults and the family experiencing a normal pregnancy.

Prerequisites: Admission to Nursing program, BIOL 2100, BIOL 2111, PSYC 1250 and COMM 1110

Co-requisite: NURS 2750

Strongly Recommended to be taken prior to or concurrently: BIOL 2112

**B. COURSE EFFECTIVE DATES:** 12/31/2013 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Introduction to professional nursing.
2. Use of the nursing process as a model for patient assessment.
3. Use of the nursing process to plan and implement care of patients.
4. Emphasis is on identifying and prioritizing patient care needs in relation to wellness and health promotion.
5. Relationship of the human response as it pertains to nursing interventions for health promotion.
6. A beginning application of leadership principles.
7. Develop a greater appreciation for community service through the use of service learning.

#### **D. LEARNING OUTCOMES (General)**

1. Apply theories and concepts of social and cultural factors to provide prevention-based nursing care (ELO 1, 2, 3, 4).
2. Demonstrate an awareness of the role of the professional nurse within organizational systems (ELO 2, 4).
3. Apply credible, evidence-based sources of information to guide safe, preventative care (ELO 2, 4).
4. Describe how health promotion initiatives are organized and financed (ELO 1, 2).
5. Utilize effective inter-professional communication techniques within a multidisciplinary healthcare team. (ELO 2, 4).
6. Conduct a health history and wellness assessment to identify risks and/or determinants of health (ELO 2).
7. Describe behavioral change techniques to promote health and manage illness (ELO 2, 4).
8. Reflect on personal and professional actions based on a set of shared core nursing values (ELO 3).
9. Provide safe, holistic client-centered nursing care in promoting health across the lifespan (ELO 1, 2, 4).

#### **E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

None

#### **F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

#### **G. SPECIAL INFORMATION**

1. Knowledge of Human Cultures and the Physical and Natural World--Through study in the sciences, mathematics, social sciences, humanities, histories, languages, the arts, technology and professions.
2. Intellectual and Practical Skills--Including: Inquiry and analysis; Critical and creative thinking; Written and oral communication; Quantitative literacy; Information literacy; Teamwork and problem solving.
3. Personal and Social Responsibility and Engagement--Including: Civic knowledge and involvement--campus, local and global; Intercultural knowledge and competence; Ethical reasoning and action; Foundations and skills for lifelong learning.
4. Integrative and Applied Learning--Including: Synthesis and advanced accomplishment across general education, liberal studies, specialized studies and activities in the broader campus community.