

# North Hennepin Community College

## HSER 1800: Mental Disorders Through the Life Span

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites:

This course requires the following prerequisite

HSER 1400 - Basic Counseling Skills

Corequisites: None

MnTC Goals: None

The course introduces an overview of the range of mental disorders throughout the lifespan including those impacting children and the elderly. Students will learn to identify signs and symptoms of each disorder in addition to learning basic skills and therapeutic treatments that effectively help individuals who have mental disorders.

Prerequisite: HSER 1400

**B. COURSE EFFECTIVE DATES:** 06/01/2015 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Anxiety disorders
2. Childhood disorders
3. Disorders in the elderly
4. Intervention/treatment
5. Mood disorders
6. Other disorders
7. Personality disorder
8. Psychotic disorders
9. Substance disorders

### D. LEARNING OUTCOMES (General)

1. Identify the major types of disorders listed in the Diagnostic Statistical Manual (DSM-5) (ELO2, ELO4).
2. Identify signs and symptoms of the more common mental disorders they are likely to encounter in human services settings (ELO1, ELO4).
3. Recognize myths and biases regarding mental illness and how these affect their interactions with individuals with mental illness (ELO2, ELO3).
4. Demonstrate knowledge in areas of appropriate treatment and effective responses with individuals with mental illness in human service settings (ELO2, ELO4).

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

## **F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

## **G. SPECIAL INFORMATION**

Knowledge of Human Cultures and the Physical and Natural World; Through study in the sciences, mathematics, social sciences, humanities, histories, languages, the arts, technology and professions.

Intellectual and Practical Skills; Including: Inquiry and analysis; Critical and creative thinking; Written and oral communication; Quantitative literacy; Information literacy; Teamwork and problem solving.

Personal and Social Responsibility and Engagement; Including: Civic knowledge and involvement; campus, local and global; Intercultural knowledge and competence; Ethical reasoning and action; Foundations and skills for lifelong learning.

Integrative and Applied Learning; Including: Synthesis and advanced accomplishment across general education, liberal studies, specialized studies and activities in the broader campus community.