

# Dakota County Technical College

## SMGT 1600: Unleashing Your Learning Power

### A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 1

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Effectively apply your learning power to its greatest capacity. Learn a variety of principles, tools, and techniques for learning more in less time and deeply retaining it. Learn study tools for notetaking, speed reading and test taking. Manage your emotions to keep stress low and motivation high. Apply learning styles, multiple intelligences, mindmapping, and other tools to help you learn the way you learn best and accomplish your goals. Prerequisites: None

**B. COURSE EFFECTIVE DATES:** 04/21/1998 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

None

### D. LEARNING OUTCOMES (General)

None

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

### G. SPECIAL INFORMATION

None noted