

# Dakota County Technical College

## ELLW 0098: Introduction to Climbing

### A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: \*.\*

Lab Hours/Week: 1

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course covers the introduction to the equipment used for climbing. The use of this equipment will be applied to the act of learning to climb safely and correctly.

**B. COURSE EFFECTIVE DATES:** 01/14/1999 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

### D. LEARNING OUTCOMES (General)

1. adjust climbing equipment to fit
2. apply correct body posture with three point contact coordination
3. apply proper safety strap use
4. ascend pole free hand
5. ascend pole using transverse method
6. check gaff shape per instructions
7. demonstrate posture for belting and unbelting
8. descend pole free hand
9. descend pole using tranverse method
10. identify brand and pole conditions with climbing quadrant high side of pole
11. inspect straps, buckles and climbing hardware
12. ascend/descend pole using fall restraint device
13. Proper positioning to perform tasks while on pole
14. identify climbing equipment

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

### G. SPECIAL INFORMATION

None noted