

# Dakota County Technical College

## HEAL 1800: First Aid / CPR for the Allied Health Care Provider

### A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 1

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course covers the knowledge and skills that are needed for emergency care of the injured or ill until medical care can be obtained. It should also serve to create an active interest in the prevention of accidents and illnesses. This course is designed for those needing more advanced knowledge and skills than the layperson; medical assistants, personal trainers, lifeguard, police officers for emergency care of the injured or ill until advanced medical care can be obtained. Basic skills performed in the management of basic life support are in accordance with standards set by the American Red Cross. (Attendance is mandatory in this course. No excuses are accepted. No makeup is scheduled.)

**B. COURSE EFFECTIVE DATES:** 08/22/2005 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

### D. LEARNING OUTCOMES (General)

1. describe infant, child, and adult basic lifesaving procedures
2. perform infant, child, and adult basic lifesaving procedures
3. differentiate between infant, child, and adult basic lifesaving procedures
4. apply splints
5. control bleeding
6. manage shock
7. apply bandages
8. perform adult 2-rescuer CPR
9. define healthy lifestyles
10. demonstrate proper use of a pocket mask and BVM
11. apply and correctly use an AED
12. describe basic heart and lung structure
13. identify heart attack risk factors
14. describe healthy lifestyles
15. identify heart attack signs and symptoms
16. manage obstructed airway
17. demonstrate rescue breathing
18. perform cardiopulmonary resuscitation

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

**F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted