

# Dakota County Technical College

## HEAL 1800: First Aid / CPR for the Allied Health Care Provider

### A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 1

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course covers the knowledge and skills that are needed for emergency care of the injured or ill until medical care can be obtained. It should also serve to create an active interest in the prevention of accidents and illnesses. This course is designed for those needing more advanced knowledge and skills than the layperson; medical assistants, personal trainers, lifeguards, police officers, and patient care technicians. Basic skills performed in the management of basic life support are in accordance with standards set by the American Heart Association.

**B. COURSE EFFECTIVE DATES:** 08/22/2005 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

### D. LEARNING OUTCOMES (General)

1. describe infant, child, and adult basic lifesaving procedures
2. perform infant, child, and adult airway obstruction procedures
3. differentiate between infant, child, and adult basic lifesaving procedures
4. apply splints
5. control bleeding
6. manage shock
7. apply bandages
8. perform adult 2-rescuer CPR
9. demonstrate proper use of a pocket mask and BVM
10. apply and correctly use an AED
11. describe basic heart and lung structure
12. identify heart attack signs and symptoms
13. demonstrate rescue breathing
14. perform cardiopulmonary resuscitation

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

### G. SPECIAL INFORMATION

None noted