

# Dakota County Technical College

## HEAL 1060: Nursing Assistant

### A. COURSE DESCRIPTION

Credits: 5

Lecture Hours/Week: 1

Lab Hours/Week: 4

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course introduces concepts of basic human needs and the function of the nursing assistant in long term care and or home health care. Basic nursing skills will be demonstrated and practiced in the laboratory setting. Upon successful completion of classroom studies, the student will participate in 24 hours of supervised clinical experience in a long term care setting. This course is a prerequisite for the Practical Nursing Program. It meets the objectives of Federal State Statutory requirements for nursing assistant training. Prerequisites: None. Individuals who provide direct contact services to clients of licensed facilities are required to have complete criminal background studies. Disqualified persons will not be permitted to work in these facilities.

**B. COURSE EFFECTIVE DATES:** 08/25/2008 - Present

**C. OUTLINE OF MAJOR CONTENT AREAS**

**D. LEARNING OUTCOMES (General)**

1. describe hospice care
2. explain safety/emergency procedures
3. describe special procedures
4. explain diet modifications
5. describe rehabilitative principles
6. perform bedmaking
7. describe normal aging process
8. identify services available to clients and families
9. identify stages of death and grieving process
10. demonstrate handwashing
11. perform environmental and resident safety
12. demonstrate isolation gowning/gloving
13. demonstrate clearing obstructed airway
14. assist resident with elimination needs
15. perform behavior modification
16. describe interpersonal communication skills
17. describe interpersonal communication skills
18. describe medical asepsis principles
19. identify aide's responsibility in observation, reporting, documentation
20. exhibit punctuality and productive work habits
21. demonstrate professional behavior
22. describe basic human needs
23. describe nutrition and fluid principles
24. describe emergency situations
25. describe needs of special populations
26. describe personal cares
27. discuss history and goals home care
28. describe client health care team
29. describe homemaking duties
30. describe aide's relationship with client and family
31. describe needs of child
32. describe growth and development
33. describe resident/home care bill of rights
34. describe body mechanics
35. perform therapeutic communication skills
36. describe aide's role/responsibility
37. describe legal/ethical issues
38. perform resident bathing
39. describe Vulnerable Adult Act/Patient Self-Determination Act
40. define standard precautions
41. explain infection routes/control
42. describe home care client
43. describe time management skills
44. describe reportable home situations

45. assist resident with partial shower and/or bath
46. perform perineal care for incontinent resident
47. describe safety in the home
48. define common medical terms
49. demonstrate dressing/undressing
50. demonstrate skin/back care
51. perform grooming needs
52. ambulate resident
53. perform W/C to bed, bed to W/C, to toilet transfers
54. demonstrate behavior modification techniques
55. demonstrate oral/denture hygiene
56. demonstrate mechanical lift use
57. demonstrate resident feeding
58. measure and record fluid/food intake and output
59. measure and record temperature, pulse, respirations
60. measure and record blood pressure
61. measure and record height/weight
62. discuss physical restraint use
63. demonstrate range of motion activity
64. perform side lying, supine, W/C positioning
65. explain safety/emergency procedures
66. define family stress
67. discuss respecting resident's cultural diversity and individuality

**E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

None

**F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted