

# Dakota County Technical College

## NATM 1500: Nursing Assistant/Trained Medication Aide

### A. COURSE DESCRIPTION

Credits: 8

Lecture Hours/Week: 6

Lab Hours/Week: 2

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course introduces concepts of basic human needs and the function of the nursing assistant in long term care and or home health care. Basic nursing skills will be demonstrated and practiced in the laboratory setting. Upon successful completion of classroom studies, the student will participate in 24 hours of supervised clinical experience in a long term care setting.

This state-approved program provides an overview of the requirements concerning medications and their administration. Other topics include legal criteria, medical abbreviations, measurements, use of the Physician's Desk Reference (PDR), and overview of body systems and drug classifications. Administration of medications via oral, eye, ear, rectal, and topical routes will also be covered.

This course is a prerequisite for the Practical Nursing Program. It meets the objectives of Federal State Statutory requirements for nursing assistant training.

Individuals who provide direct contact services to clients of licensed facilities are required to have complete criminal background studies. Disqualified persons will not be permitted to work in these facilities.

**B. COURSE EFFECTIVE DATES:** 08/26/2013 - Present

**C. OUTLINE OF MAJOR CONTENT AREAS**

## **D. LEARNING OUTCOMES (General)**

1. . Explain safety/emergency procedures
2. Assist resident with elimination needs
3. Assist resident with partial shower and/or bath
4. Define standard precautions
5. Demonstrate clearing obstructed airway
6. Demonstrate hand washing
7. Demonstrate isolation gowning/gloving
8. Demonstrate professional behavior
9. Describe Vulnerable Adult Act/Patient Self-Determination Act
10. Describe aide's relationship with client and family
11. Describe aide's role/responsibility
12. Describe basic human needs
13. Describe body mechanics
14. Describe client health care team
15. Describe emergency situations
16. Describe growth and development
17. Describe home care client
18. Describe homemaking duties
19. Describe hospice care
20. Describe interpersonal communication skills
21. Describe legal/ethical issues
22. Describe medical asepsis principles
23. Describe needs of child
24. Describe needs of special populations
25. Describe normal aging process
26. Describe nutrition and fluid principles
27. Describe personal cares
28. Describe rehabilitative principles
29. Describe reportable home situations
30. Describe resident/home care bill of rights
31. Describe safety in the home
32. Describe special procedures
33. Describe time management skills
34. Discuss history and goals home care
35. Exhibit punctuality and productive work habits
36. Explain diet modifications
37. Explain infection routes/control
38. Identify aid's responsibility in observation, reporting, documentation
39. Identify services available to clients and families
40. Identify stages of death and grieving process
41. Perform bed making
42. Perform behavior modification
43. Perform environmental and resident safety
44. Perform perinea care for incontinent resident

45. Perform resident bathing
46. Perform therapeutic communication skills
47. Ambulate resident
48. Define common medical terms
49. Define family stress
50. Demonstrate behavior modification techniques
51. Demonstrate dressing/undressing
52. Demonstrate mechanical lift use
53. Demonstrate oral/denture hygiene
54. Demonstrate range of motion activity
55. Demonstrate resident feeding
56. Demonstrate skin/back care
57. Discuss physical restraint use
58. Discuss respecting resident's cultural diversity and individuality
59. Explain safety/emergency procedures
60. Measure and record fluid/food intake and output, temperature, pulse, respiration, blood pressure and height/weight
61. Perform W/C to bed, bed to W/C, to toilet transfers
62. Perform accurate medication administration
63. Perform grooming needs
64. Perform side lying, supine, W/C positioning

**E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

None

**F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted