

Bemidji State University

PHED 3720: Football Coaching

A. COURSE DESCRIPTION

Credits: 2

Lecture Hours/Week: *.*

Lab Hours/Week: *.*

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

A comprehensive study of developing a successful football team with an emphasis on teaching appropriate techniques and skills of the game. Practice and game organization, delegation of staff responsibilities and public relations will also be examined.

B. COURSE EFFECTIVE DATES: 08/22/1997 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Building a Program
2. Coaching Defense
3. Coaching Offense
4. Communicating your Approach
5. Developing a Coaching Philosophy
6. Kicking Game
7. Motivating Players
8. Planning Practice
9. Planning the Season
10. Scouting , Film Evaluation, Game Plan

D. LEARNING OUTCOMES (General)

1. develop an awareness of skill progression and teaching techniques in each area.
2. develop a knowledge of the skills, strategies and rules of football.
3. develop lesson plans, unit plans and application of teaching methods is emphasized.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted