

# Bemidji State University

## PHED 3720: Football Coaching

### A. COURSE DESCRIPTION

Credits: 2

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

A comprehensive study of developing a successful football team with an emphasis on teaching appropriate techniques and skills of the game. Practice and game organization, delegation of staff responsibilities and public relations will also be examined.

**B. COURSE EFFECTIVE DATES:** 08/22/1997 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Building a Program
2. Coaching Defense
3. Coaching Offense
4. Communicating your Approach
5. Developing a Coaching Philosophy
6. Kicking Game
7. Motivating Players
8. Planning Practice
9. Planning the Season
10. Scouting , Film Evaluation, Game Plan

### D. LEARNING OUTCOMES (General)

1. develop an awareness of skill progression and teaching techniques in each area.
2. develop a knowledge of the skills, strategies and rules of football.
3. develop lesson plans, unit plans and application of teaching methods is emphasized.

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

### G. SPECIAL INFORMATION

None noted