

# Bemidji State University

## **PHED 3750: Soccer Coaching**

### **A. COURSE DESCRIPTION**

Credits: 2

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Organization and preparation for interscholastic competition. Emphasis will be on teaching specific soccer skills, individual player structures, practice preparation, and management. Strategies, conditioning and psychology of coaching issues will be examined. (May not be offered every year.)

**B. COURSE EFFECTIVE DATES:** 08/22/1997 - Present

### **C. OUTLINE OF MAJOR CONTENT AREAS**

1. Coaching philosophies relating to the coaching of soccer
2. Coaching practices and tactics rooted in philosophy
3. Practical training methods dealing with technical, tactical, physical, and mental development
4. Coach player relationship in soccer

### **D. LEARNING OUTCOMES (General)**

1. Develop a philosophy of coaching in soccer that is applicable into today's society.
2. Develop an understanding of the surrounding dynamics involved with coaching at the club and high school level.
3. Develop specific tactical attacking and defending philosophies and understand/defend how they relate to player personnel.
4. Develop and understanding of systems of play and how they relate to player personnel.

### **E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

None

### **F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

### **G. SPECIAL INFORMATION**

None noted