

# Bemidji State University

## HLTH 2800: Multicultural Health in America

### A. COURSE DESCRIPTION

Credits: 2

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Examines the health issues and problems faced by ethnic minority populations in America, specifically by African Americans, American Indians, Hispanic Americans, and Americans of Asian and Pacific Island descent. Since a disproportionate number of health problems confront these minority groups, this course (a) examines specific health problems, (b) evaluates what is known and unknown about these specific problems, and (c) re-evaluates the current health care system in America to resolve these special problems in health care delivery. Liberal Education Goal Area 7.

**B. COURSE EFFECTIVE DATES:** 08/16/2005 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Overview of Culture, and Health Disparity
2. Understand the historical aspects of race/ethnicity and health ; Trust, Justness, Health Care, and Health Disparities
3. Justness, Health Care, Patient-Provider Relationships, and Health Disparities
4. Lifestyle, race, cultural, and conceptual issues in health Demographics in U.S. Challenges of ethnic minorities. Cultural Competence in Healthcare. Application/review/discussion. Epidemiological issues and race. Understanding morbidity and mortality disparities of racial/ethnic minorities.
5. Mental health and psycho-social stress that minorities face
6. Theoretical perspectives of racial/ethnic differences in health; Measurement of health disparity.
7. Cultural Competency; Professionalism and ethics in healthcare and human service careers.
8. Chronic disease across cultures: Self-efficacy theory and health belief model; Cross-culture communication; Barriers to health
9. Cultural Competency in Healthcare and Health Promotion; Historical trauma; Researching health disparity;
10. Hispanic/ Latino Health
11. Native American Health
12. African American Health
13. Asian/Asian Pacific Islander Health
14. Eliminating Health Disparities, Government and health Care; Immigrant health

**D. LEARNING OUTCOMES (General)**

1. understand the influence of social, economic and cultural difference on the health of our society.
2. demonstrate knowledge and understanding of their personal bias, beliefs and cultural attitudes that influence personal health.
3. be able to distinguish individual, cultural and community variables that influence the health of various cultural and demographic groups.
4. assess the influence of socioeconomic status and family systems as determinants of health.
5. be empowered to pursue cultural competence in their personal lives as well as the workplace.

**E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

None

**F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted