

# Bemidji State University

## SOWK 3551: Generalist Practice I

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Introduces and applies models for establishing and engaging in the professional helping relationship with individuals. Students learn, practice, and critically examine knowledge, skills, and values related to generalist social work practice with individuals: assessment, engagement, crisis intervention, counseling, evaluation, and ethical practice. Emphasis is on cultural competence in social work practice. Prerequisite: Admission to the program.

**B. COURSE EFFECTIVE DATES:** 02/15/2006 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Valuing Diversity & Ethical Decision making
2. Legal Implications of Crisis Intervention
3. Talking & listening: The Basics
4. Preparing
5. Beginning
6. Exploring  
Communicating Effectively with Those in Crisis
7. Assessing
8. Approach to Crisis Intervention
9. Contracting
10. Ending
11. Procedures for Effective Crisis Intervention
12. Working & Evaluating

### D. LEARNING OUTCOMES (General)

1. apply an eco-system, strengths framework to engaging, assessing, intervening, and evaluating practice with individuals.
2. apply crisis intervention approaches and techniques to practice with individuals.
3. apply culturally responsive, evidence-based research to practice with individuals.
4. integrate self-care techniques in the helping relationship.
5. recognize and manage personal values and beliefs to allow professional ethics and standards to guide practice with individuals.
6. recognize how race, ethnicity, gender, class, age, and culture interact and affect the helping relationship.
7. recognize the obligation to advocate for social and economic justice in the helping relationship.

**E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

None

**F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted