

# Bemidji State University

## **NRSB 3001: Adult/Gerian Health**

### **A. COURSE DESCRIPTION**

Credits: 6

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: NRSB 3003

MnTC Goals: None

Focuses on common physiological health and illness concerns experienced by adults and gerians. Studies nursing care management approaches and health care resources supportive of promotion, attainment, and preservation of health and amelioration of suffering. Includes related psychosocial, nutritional, and pharmacological dimensions of nursing practice. Prerequisites: 4-year track enrollee, NRSB 2000, NRSB 2203, NRSB 2204. Corequisite: NRSB 3003. Pre- or corequisite NRSB 3120.

### **B. COURSE EFFECTIVE DATES: 08/27/2007 - Present**

## **C. OUTLINE OF MAJOR CONTENT AREAS**

1. Acute Intracranial & Stroke
2. Autonomic Nervous System & Related Medications
3. Cardiovascular
4. Care of the Perioperative Patient
5. Chronic and Alzheimer's
6. Endocrine Function
7. Endocrine disorders
8. Endocrine, Diabetes & complications
9. Fluid & Electrolytes
10. Fx Care
11. General & Local Anesthetic Agents
12. Gerontology
13. Hip Fx & Joint Surgery
14. Infection & Immune Function
15. Inflammation & Wound Healing
16. Integument Dysfunction
17. Introduction to Medical-Surgical Nursing
18. Liver & Pancreatic Disease
19. Lower Gastrointestinal Problems
20. Muscle Relaxants
21. Musculoskeletal
22. Obesity/Bariatric Surgery
23. Osteoporosis
24. Post-op Complications
25. Pre-op & Intra-op
26. Renal & Urologic Problems
27. Respiratory Problems
28. Sexuality Reproductive & Sensory Perception Pattern
29. Spinal Cord Injury & Sensory
30. Thyroid Cancer/Thyroidectomy Surgery
31. Upper Gastro-Intestinal Problems
32. Urinary Retention

## **D. LEARNING OUTCOMES (General)**

1. interpret nursing practice(s) which support a holistic approach for individuals/families experiencing altered health states.
2. interpret nutritional and pharmacological therapies supportive to altered health states.
3. analyze the actual/potential multi-system impact of selected physiological alterations.
4. interpret physiological alterations in relationship to actual/potential clinical management approaches.
5. examine health and nursing care resources/settings which address the spectrum of health promotion, attainment, and preservation.
6. analyze nursing practice considerations distinctive to the adult and gerian.

**E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

None

**F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted