# **Bemidji State University**

## NRSG 3001: Adult/Gerian Health

#### A. COURSE DESCRIPTION

Credits: 6

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: NRSG 3003

MnTC Goals: None

Focuses on common physiological health and illness concerns experienced by adults and gerians. Studies nursing care management approaches and health care resources supportive of promotion, attainment, and preservation of health and amelioration of suffering. Includes related psychosocial, nutritional, and pharmacological dimensions of nursing practice. Prerequisites: 4-year track enrollee, NRSG 2000, NRSG 2203, NRSG 2204. Corequisite: NRSG 3003. Pre- or corequisite NRSG 3120.

B. COURSE EFFECTIVE DATES: 08/27/2007 - Present

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#### C. OUTLINE OF MAJOR CONTENT AREAS

- 1. Acute Intracranial & Stroke
- 2. Autonomic Nervous System & Related Medications
- 3. Cardiovascular
- 4. Care of the Perioperative Patient
- 5. Chronic and Alzheimer¿s
- 6. Endocrine Function
- 7. Endocrine disorders
- 8. Endocrine, Diabetes & complications
- 9. Fluid & Electrolytes
- 10. Fx Care
- 11. General & Local Anesthetic Agents
- 12. Gerontology
- 13. Hip Fx & Joint Surgery
- 14. Infection & Immune Function
- 15. Inflammation & Wound Healing
- 16. Integument Dysfunction
- 17. Introduction to Medical-Surgical Nursing
- 18. Liver & Pancreatic Disease
- 19. Lower Gastrointestinal Problems
- 20. Muscle Relaxants
- 21. Musculoskeletal
- 22. Obesity/Bariatric Surgery
- 23. Osteoporosis
- 24. Post-op Complications
- 25. Pre-op & Intra-op
- 26. Renal & Urologic Problems
- 27. Respiratory Problems
- 28. Sexuality Reproductive & Sensory Perception Pattern
- 29. Spinal Cord Injury & Sensory
- 30. Thyroid Cancer/Thyroidectomy Surgery
- 31. Upper Gastro-Intestinal Problems
- 32. Urinary Retention

#### **D. LEARNING OUTCOMES (General)**

- 1. interpret nursing practice(s) which support a holistic approach for individuals/families experiencing altered health states.
- 2. interpret nutritional and pharmacological therapies supportive to altered health states.
- 3. nnalyze the actual/potential multi-system impact of selected physiological alterations.
- 4. interpret physiological alterations in relationship to actual/potential clinical management approaches.
- 5. examine health and nursing care resources/settings which address the spectrum of health promotion, attainment, and preservation.
- 6. analyze nursing practice considerations distinctive to the adult and gerian.

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# E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

## G. SPECIAL INFORMATION

None noted

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