

# Bemidji State University

## PHED 1139: Beginning Scuba Diving

### A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Upon completion of this course, students will understand and be able to demonstrate the safe scuba diving practices of the Professional Association of Dive Instructors (PADI) curriculum. Focuses on classroom knowledge development and confined-water skill development. Equipment and supplies are provided. This course is phase 1 of the PADI certification course. Students wishing to complete the certification as an Open Water Diver will need to take additional instruction. Liberal Education Goal Area 11.

**B. COURSE EFFECTIVE DATES:** 09/01/2008 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. BCD
2. Maintenance and safety of diver and their equipment
3. Mask, snorkel and fin
4. Regulators
5. Wetsuit/dry suit
6. eRDP
7. Airway control
8. Boat diving techniques
9. Descents and ascents
10. Pressure equalization for ears, sinuses and other body parts

### D. LEARNING OUTCOMES (General)

1. understand and demonstrate dive planning procedures.
2. demonstrate knowledge of dive accessory equipment.
3. know/understand operation, care and maintenance of scuba equipment.
4. understand underwater communications procedures.
5. understand water pressure and how it affects a diver.
6. demonstrate diving skills.

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted