

Minnesota State University Moorhead

PE 402: Strength and Conditioning Practicum

A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: *.*

Lab Hours/Week: 3

OJT Hours/Week: *.*

Prerequisites:

- PE 202 - Strength and Conditioning Exercise Techniques AND PE 302 - Strength and Conditioning Program Design

Corequisites: None

MnTC Goals: None

This course is designed to provide students the opportunity to apply the principles of strength and conditioning training under the supervision of strength and conditioning specialists.

B. COURSE EFFECTIVE DATES: 08/25/2008 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

None

D. LEARNING OUTCOMES (General)

None

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted